

LIFE SAVING RULES & START WORK CHECK APPLICABILITY FORM

Date		Time	
Activity/Project		Location / Vessel	

Please select the Life Saving Rules and Start Work Checks applicable to the activity or project.

LIFE SAVING RULES	YES	NO		START WORK CHECKS	YES	NO
Bypassing Safety Controls				Confined Space		
Confined Space				Driving		
Driving				Energy Isolation		
Energy Isolation				Hot Work		
Hot Work				Safe Mechanical Lifting		
Line of Fire				Working At Height		
Safe Mechanical Lifting				Work Near Water		
Work Authorization				De-Isolation & Re-Energizing		
Working At Height				Energized / Live Electrical Systems		
Fit For Duty				Excavation		
Work Near Water				Work Around Mobile Equipment		

Note: An Energy Isolation Start Work Check must be completed before any Confined Space, Excavation and Hot Work Start Work Check is completed.

	Printed Name & Role	Signature	Date
Start Work Verifier			